



# My Direct Primary Care plus

A Coast-to-Coast Healthcare Membership™ through Healthcare2U

Healthcare2U's nationwide Direct Primary Care (DPC) membership<sup>1</sup> caters to members through affordable and easy-to-access primary medical care. DPC is available when and where members need it via our Patient Advocacy Line (PAL)<sup>™</sup> and Private Physician Network (PPN)<sup>™</sup>. Through DPC, Healthcare2U breaks down barriers to quality primary care so members can have affordable access to board-certified physicians. Eligible members<sup>2</sup> receive the unlimited services listed below by contacting Healthcare2U's PAL concierge during business hours.<sup>3</sup>

## Concierge & Patient Advocacy

Healthcare2U acts as a member's personal concierge through our bilingual Patient Advocacy Line (PAL)<sup>™</sup>. PAL is staffed by certified medical professionals who navigate care options and book appointments for our members and eligible participants.

## In-Office Primary Care

Unlimited doctor visits with a \$10 visit fee.

Unlimited urgent care visits with a \$25 visit fee.

Annual physical<sup>4</sup> with four labs: complete metabolic panel (CMP), complete blood count (CBC), thyroid stimulating hormone (TSH) and lipid panel.

## 24/7 Virtual Primary Care

Unlimited access to bilingual licensed medical providers online or by phone, 24/7/365 for minor illnesses and injuries for a \$0 visit fee.<sup>5</sup>

## Chronic Disease Management

Unlimited treatment and management of 13 chronic disease states for the same \$10 visit fee. Healthcare2U accepts preexisting conditions within manageable ranges,<sup>6</sup> including:

Anxiety	CHF	Fibromyalgia
Arthritis	COPD	GERD
Asthma	Depression	Gout
Blood Pressure	Diabetes	Hypertension
		Thyroid

## Navigating the healthcare system shouldn't be exhausting

As a Healthcare2U member, you receive unlimited support through our PAL concierge

<sup>1</sup> Healthcare2U's Direct Primary Care (DPC) is a healthcare membership. DPC is not insurance and does not satisfy ACA minimum essential coverage.

<sup>2</sup> Individuals ages 2 to 65 are eligible for Healthcare2U's DPC membership. Dependents under the age of two are not eligible to enroll for Healthcare2U. Dependent children are eligible for membership until the last day of their 25th year. Individuals are eligible for membership until the last day of their 64th year.

<sup>3</sup> No walk-ins allowed. Unlimited services (including Virtual DPC/telehealth) must be accessed through Healthcare2U's Patient Advocacy Line (PAL)<sup>™</sup> and all care is provided through our physician network. In-office appointments are only available within business hours (Monday through Friday, 7 AM to 6 PM CST). Our PAL may direct the member to another level of care if appropriate, depending on the member's condition and utilization of services. Applicable visit fees apply. After hours? Members have the option to speak to a physician virtually.

<sup>4</sup> Annual physical is accessible after six consecutive months of membership and limited to one per year. Well-woman pap smear pathology interpretation is not included in the annual physical.

<sup>5</sup> Telehealth and discount programs are provided through third-party organizations and are not connected to Healthcare2U. Contact your agent for more information.

<sup>6</sup> Healthcare2U does not provide specialty care outside of our partner-physician clinics. If Member currently sees a specialist for an advanced disease state, we do not recommend leaving that specialist.